

# Medication and lymphedema

No medication is formally contraindicated. However, some medications may aggravate the lymphedema so consider alternative treatments when available.



### WHAT IS RECOMMENDED

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- Consider the risks and benefits when medication is provided which can lead to more swelling. (eg calcium channel blockers).
- Be aware that the following drugs may aggravate the swelling: calcium channel blockers, corticosteroids, NSAIDs, sex hormones and related compounds, pregabalin, docetaxel, zoledronic acid, and sirolimus.
- In case of doubt: contact the centre of expertise responsible for the care of the patient.



### WHAT YOU SHOULD NOT DO

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- Ignore any increase in the degree of swelling.
- Ignore a worsening of the fit of the compression garment.
- Use diuretics to treat the lymphedema.