

Follow-up for patients with primary lymphedema



WHAT IS RECOMMENDED

- Children and adults with primary lymphedema should be followed regularly in an expert centre for individuals with primary lymphedema.
- Follow-up for children and adults with primary lymphedema should be provided using the standard practice, but this standard practice may need to be adapted depending on the nature of the primary lymphedema, due to potential differences in their response to management and the possible development of other associated health problems.
- The expert centres should organize a network of care and work with the local healthcare provider and have an open door policy.
- Patients should be pro-active and be encouraged to monitor their own lymphedema (self-management).



WHAT YOU SHOULD NOT DO

- Fail to follow-up the patient.